## **Quest Food Management**

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Recipe Master List

May 16, 2014

## 001442 - wrap-turkey & cheese 6" ultra

Source: nslp

Number of Portions: 1 Size of Portion: serving

Recipe HACCP Process: #1 No Cook

Meat/Alt: 1.75 oz Grains: 2 oz Fruit: 0 Cup

Vegetable: 0 Cup Milk: 0 Cup

901993 turkey breast cooked skin on 315974..... 2 (2oz=1,125mma) 990093 cheese american..... 1 slice 200 ct 903548 LETTUCE, Salad Tiny Chop Mix gfs#153121... 1/2 CUP, AP Mix They Chip

Calories	371 kc	al Cholesterol	70.87 mg	Protein	28.64 g	Calcium	110.86 mg	33.19% Calories from Total Fat
Total Fat	13.69 g	Sodium	1226.60 mg	Vitamin A	463.27 RE	Iron	3.26 mg	15.58% Calories from Sat Fat
Saturated Fat	6.43 g	Carbohydrate	33.44 g	Vitamin A	2437.86 IU	Water <sup>1</sup>	*0.00* a	0.00% Calories from Trans Fat
Trans Fat¹	0.00 g	Dietary Fiber	4.34 g	Vitamin C	1.21 mg	Ash <sup>1</sup>	*0.00* g	36.02% Calories from Carbohydrates
			9	VICOITIIII O	1.21 1119	7311	0.00 g	30.85% Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1 -</sup> denotes optional nutrient values